Tuesday, Nov 1st, 2022

The CORrespondent

Latest news and updates from COR Health

Issue #9

MANDATED REPORTING PROGRAM AND RESOURCES

MANDATED REPORTERS are an essential part of the Maine's Child Protective system. They are acting as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long-term damage to a child wellbeing. Trained professionals who are frequently encounter children in their working environment are in the best position to recognize and report suspected child abuse and neglect. They are also required to report any suspected child abuse and neglect by state law.

Mandated Reporters (medical professionals, hospital staff, school personnel and law enforcement) can report non-emergency information related to child abuse and/or neglect online.

Below is a list of behaviors by parents and/or caregivers that should be reported to intake:

- Physically harming a child (beyond spanking in a reasonable manner)
- Sexually abusing a child.
- Exposing a child to substance use, domestic violence, or other unsafe conditions.
- Failing to provide adequate food, shelter, clothing, or medical care.
- Exposing a child to unsafe or unsanitary living conditions.
- Threating to harm a child
- Chronically calling a child names or putting them down.

Identifying signs of abuse and neglect on children under 6 months of age or otherwise non-ambulatory. A Mandated Reporter will be required to report if the child exhibits evidence of the following significant physical signs:

- Fracture of a bone
- Substantial bruising or multiple bruises
- ❖ Subdural hematoma
- Burns
- Poisoning
- Injury resulting in substantial bleeding, soft tissue swelling or impairment of an organ.



WHO IS REQUIRED TO FILE A REPORT OF SUSPECTED ABUSE OR NEGLECT?

Emergency Medical Services (EMS) Professionals, Medical Examiner, Dentists, Osteopathic Physician, Pediatrician, Resident or Intern, Registered or Licensed Practical Nurses, Teachers, School Officials, Guidance Counselors, Podiatrists, Social Workers, Home Health Caregivers, Mental Health Professionals, Clinical Social Workers, Child Care Personnel, Sexual Assault Counselors and Law Enforcement.

STATE RESOURCES FOR MANDATED REPORTERS

Office of Child Protective Services hotline 1-800-452-1999 or 711 (Maine Relay)

Available 24/7 to speak with Child Protective Specialist

Office of Adult Protective Services hotline 1-800-624-8404 or 711 (Maine Relay)

*Only if you are concerned about incapacitated or dependent adults (age 18 and over) in danger of abuse, neglect or exploitation call this 24-hour hotline to speak to an Adult Protective Services Specialist. Calls may be made anonymously.

Please contact your immediate supervisor to discuss your concerns regarding potential abuse and neglect of any COR Health's client.

State of Maine Mandated Reporter Training is available online for all caregivers and healthcare professionals working at COR HEALTH.

If you need to complete your recertification, please visit this website to start your Mandated Reporter Training:

https://mainemandatedreporter.org/#/



As we believe Good People Attract Good People, we value our caregiver's feedback.

Click Here to Leave a Google Review,
each person who leaves a review will be entered to win a Snappy Gift valued at
\$100!

FLU SEASON 2022-2023

For caregivers that are required to receive the Flu vaccine annually, please send in proof of your vaccination ASAP! They were due on 10/31/22. Please send your proof to Bich Dinh, People Services Team Leader via Tiger. For questions, please reach out to Tammy Polakowski, Infection Control RN via Tiger.



COR Health has partnered with Snappy to show our appreciation and reward our dedicated and hard-working employees with a gift! If you received an email from Snappy, it is not spam! Claim your gift! If you have any issues claiming a gift, please reach out to Bich Dinh, People Services Team Leader via Tiger.

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November is Family Caregiver Month



It's rare to see caregivers ever take time for themselves as there are ALWAYS things that need to be done. When challenges arise, family often steps in to take on new roles, many times when members are not prepared to do so. This can be an enormous amount of responsibility and work. Change can be difficult and full of stressful situations. Often, there is a loss and a new "normal" must be navigated.

In November we celebrate things to be thankful for and some of us go out of our way to help others less fortunate. Please consider taking the time to help a caregiver you know; spend time in someone's place or offer to learn how to help.

Maine offers many resources. COR Health offers a home care program that helps enable seniors and those living with disabilities to remain in their homes with support. Assistance is just a click or a phone call away.

https://www.maine.gov/dhhs/oads/get-support/older-adults-disabilities/care-partner-supports

https://states.aarp.org/maine/caregiver-resources



From the Section 28 Team

Lindsay Banks, BHP

November's Employee of the Month

Congratulations, Lindsay Banks!

Celebrating Employee of the month, as well as her one-year anniversary! As a part-time BHP here at COR, Lindsay has maintained a consistent 15-20 hours weekly of 1:1 client in-home/community support. Lindsay has worked with several different clients within our agency and has put tremendous effort and into COR Health and the clients she has served. Lindsay has built great relationship with her current clients and has seen an abundance of growth and progress. Lindsay has overcome many challenges as a BHP and has handled them with consideration and respect. She always has an optimistic, positive attitude and shows up to every shift with a full smile and full heart of passion that radiates the commitment she has within her supporting role. Lindsay has excelled in client progress notes and corporate technological platform transitions including Doforms and KanTime training/implementation. Lindsay maintains our client first, quality first mission to the fullest here at COR Health through her open communication, strengths-based support and consistently engaging and participating in professional growth opportunities. Congratulations Lindsay! Thank you for your dedication and commitment to your client's and our team!

Anniversaries



Congratulations on another year!

Sharon Ackley, RN - 3 Years

Erika Brooks, RN - 6 Years

Tiffany Hoeung, PSS - 3 Years

Maria Salih, PSS - 1 Year

Tammy Tozer, RN - 5 Years

Lisa Andrews, BHP - 3 Years

Lindsay Banks, BHP - 1 Year

Kyle Lessard, BHP - 1 Year

Courtney Strout, Admin - 2 Years

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Meet Jacob!

November's Client Spotlight

Meet Jacob Tozer! He is enjoying a trip to Storyland with his family here. He especially loved the water squirting out at he and his sister! This was a special memorymaking trip for the family!



COR Health Welcomes... October Newcomers!



Kristin Farwell, RN
Tiffany Smith, CNA
Julie Kipp, CNA
Alexandria Johnson, BHP
Anna Brett, CNA
Dianne Stephenson, RN

The Power of a Good Story



A good story can help your client relax, escape the present, and build a bond, especially if you share in the reading or discussion after. Sometimes there are challenges to reading, such as limited resources, poor vision, low reading ability or even a physical difficulty accessing materials. Reading expands minds, develops sharper thinking, improves attention span, and provides an outlet or teaching moment when a caregiver or client may have a need.

As caregivers, we may find ourselves waiting with clients in medical clinics, struggling to get a child to eat breakfast or behave during a long car ride, or combating the "I'm bored" phrase common when there is no structured activity planned. Having a few well-chosen stories in your bag can help in all of these situations and build routines that offer distraction through tough stuff. We sometimes also deal with deep emotions or have a need to teach things like sharing, manners, or anticipatory grief. In general, if there is a need, there is a book or story for it.

The local town or city librarian is a fantastic resource to check out books for free. You can also sign up for free eBooks online through the library, or join a paid service like Audiobooks or Audible, which offer perks monthly for additional free material. If your client's vision is poor, there are state resources to help. If you need book ideas, there are several options online as well. Look below for some ideas or search online for things like "picture books for toddlers", "books for 11-year-old boys", or even "books to teach teens how to cook".

https://www.goodreads.com/

https://www.cbcbooks.org/readers/reading-lists/

https://ilovelibraries.org/article/librarian-approved-books-gift-everyone-your-list/



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Try your hand at this month's Mandated Reporter Word Search!

Hot Line Well Being Resources Child Abuse Support

Mandated Reporter Physical Abuse Emotional Abuse

Trauma Victim Neglect Harm

Upcoming Events!

COR Health Holiday Party

When

Friday, December 2nd, 2022 7pm-10pm EST

Where

Camp Ketcha – The Great Room 336 Black Point Rd Scarborough, ME 04074



Since we have a "Work Hard, Play Hard" mentality at COR Health, we thought it made sense to relax for a few hours during the holiday season and celebrate the "little wins" we all have experienced with our COR Health clients and teammates throughout 2022.

COR Health will be raffling numerous prizes! Each COR Health employee will be provided tickets upon entry and additional tickets will be available for purchase. All proceeds will be donated to a local charity! We will have a live DJ and Karaoke for entertainment. There will also be food and beverages provided for everyone!

Look out for our emails to RSVP!!

Compliance and Ethics Week 2022

It's almost here, COR Health's 5th annual recognition of Compliance and Ethics Week! The Compliance and Ethics Week Committee (CEWC) has worked hard on preparing a week of education, awareness, and fun. The activities will kick off on Monday November 7th and continue through Friday November 11th. We have lots of ways to learn, participate, and win prizes!

 Keep a lookout for our Annual Word Searches submit completed searches for entries into a participation drawing



- Stay tuned for Daily Education tidbits
- Feeling creative and fun? Take a stab at our new Compliance Meme Contest
- Like puzzles? Keep track of daily Code Words to submit a sentence at the end of the week for a chance to win big

Information and more details will be distributed to all during the weeks and days leading up to the week. CEWC looks forward to getting everybody involved and having a great week of compliance and ethics festivities!

Shout out to one of our nurses, Mary Rolfe, RN for being the first person to spot the Cuke in our October issue!

FIND THE CUKE

Somewhere hidden in this newsletter is a dancing, sunglass wearing cucumber. Find the cuke, and the prize may be yours! Highlight it or send a screenshot to Bich Dinh for an entry in this month's Find the Cuke contest.



This cuke to the right -> does NOT count!