

Tuesday,
January 3rd,
2023

The CORrespondent

Issue #11

Latest news and updates from COR Health

From COR Health's President

COR Health Team,

We hope that all our staff had an enjoyable holiday season with family and friends.

As we begin 2023, the respective COR Health department leaders and Corporate Office staff are focused on their "To-Do Lists" with internal improvement processes relating to our Caregivers / Clients to ensure we are achieving our ClientFirst and QualityFirst commitments, each and every day.

Even though we may all feel comfortable with the "old way" of a certain process, submitting a form, etc., COR Health is continuously evaluating how to "Be the Best" in terms of providing the best possible care and ensuring that you have the best support possible and the most efficient processes. To that end, we are evaluating new training methods / communication methods that may be effective with our initial on-boarding training, ongoing training support and staff advocacy to all of our COR Health Staff that we expect to implement during the next few months.

As you know, COR Health starts with and ends with our "Good People, Attract Good People" Principle. We are truly blessed to be building such a GREAT TEAM of engaged, energized, passionate employees who take ownership for the care provided. Through our collective belief of, "It's more than a job ~ it's a calling,"

As always, if any of our staff have any observations on improving COR Health's ClientFirst and QualityFirst Commitments, please email me at rkelly@corhealthservices.com.



J. Ryan Kelly
President

"Good People, Attract Good People"

Do you know an outstanding healthcare professional that is motivated, passionate, and believes in providing quality care to their clients?

Every day, COR Health is looking for professionals to join our team and get the opportunity to provide compassionate care to clients in communities all around the state.

- ❖ Registered Nurse w/ 1+ year of experience - \$1,500
- ❖ AspireFirst/Nursing College Program - \$750
- ❖ Certified Nurse Assistant - \$500
- ❖ Behavioral Health Professional - \$500
- ❖ Personal Support Specialist - \$200

Please Contact Nicki Voisine, Senior Recruiter, at (207) 800-6817, by email at nvoisine@corhealthservices.com or by Tiger with any Caregiver Referrals or questions and details on our respective Referral Bonuses Program.



What do you think??

Send us your feedback! Like our newsletter? Let us know - this newsletter is for You! Do you have a story or content ideas you want to share? Send your thoughts to Bich Dinh, People Services Team Leader at bdinh@corhealthservices.com or Tiger.

COVID-19 Policy

COR Health revised its COVID-19 Policy back in September 2022. Please click [Here](#) to review the policy and familiarize yourself with it. For any questions, please reach out to Tammy Polakowski, Infection Control RN at tpolakowski@corhealthservices.com or

Tiger.



As we believe Good People Attract Good People, we value our caregiver's feedback. [Click Here to Leave a Google Review](#), each person who leaves a review will be entered to win a Snappy Gift valued at \$100!

Karen Sullivan, PSS January's Employee of the Month

Karen is a dedicated, hardworking individual who does a fantastic job caring for others. She is extraordinary at assisting our PSS clients with their different needs around the house and is a wonderful chef/ short order cook. I have seen Karen in action, managing her time/ copious responsibilities for clients in an extremely efficient and productive way.

~ Nancy J. Colson, Client Services Coordinator

"She is so good at what she does, it is obvious she has experience...One of her biggest things is initiative...incredibly conscientious.... Incredibly organized...I don't know what I would do without her...."

~ Nelson Dudley, PSS Client



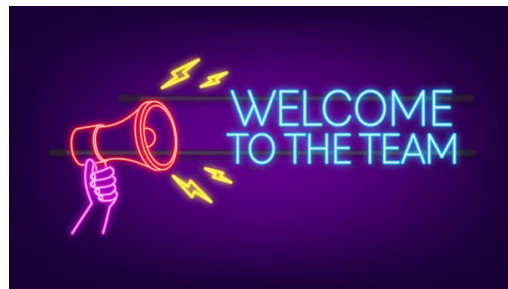
COR Health Welcomes... December's Newcomers!

Quincy Martinez, BHP

Charles Goui, PSS

Taylor Mosher, CNA

Kadhim Hasan, PSS

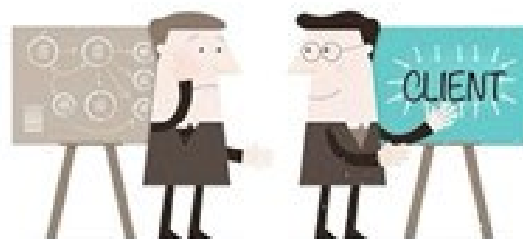


Emmylou Varian, BHP

Dolores Tuttle, PSS

Nicole Newell, PSS

COR Health's mission is to be our community's first choice for ClientFirst and QualityFirst Healthcare. We strive to make each client feel like they are our #1 priority every time.



Being ClientFirst Oriented

What does it mean?

To me, it means: Doing everything within your power to make the client experience as meaningful and beneficial as possible.

To Tammy it means:

"What client first means to me? Client first means that I put the clients' needs at the center of what I do day to day. The decisions I make always have the client in mind and they can always expect professionalism and personal service!"

To Jess it means:

"To me, being ClientFirst means prioritizing the needs and desires of both clients and employees, putting them at the center of decision making. Being ClientFirst is a continuous focus and investment in offering the best experiences as well as improving quality of life."

To Bich it means:

"To me, being ClientFirst means putting the needs of our clients over the needs of the business - our clients are the business; we wouldn't be here if it wasn't for them. ClientFirst is assuring that our values align with the values of the clients and families that we work with every day to provide care to."

To Carlos it means:

"We listen, understand, and make impactful decisions to mitigate some of the life challenges and needs of our clients and families in the community. Being a "ClientFirst Orientated" requires a "heart", conviction, respect of the dignity and integrity of our clients, families, and caregivers."

What does it mean to you?

Send me your thoughts on what it means being ClientFirst Oriented via Tiger!

Kayce Darling, Senior Client Services Coordinator

Phone: (207) 536-2564

Email: kdarling@corhealthservices.com

Meet Adam!

January's Client Spotlight



Adam is an amazing 3-year-old boy that lives in Auburn who has Postprocedural subglottic stenosis, causing him to need a trach, but that doesn't stop little Adam from living a big and wonderful life! He loves the outdoors, watching the Avengers, and Blippi, and being a chef in his new little play kitchen with his sister! Despite his challenges, Adam's enthusiasm for life radiates as big as his infectious smile, and with the love of his family, caregivers, and his kitty best friends, Adam is growing up to be an incredible young person whose laughter can light up any and every room! He is fast tracked on his way to great things!



Coronavirus and Flu Prevention

In light of COVID-19 and the fact that the seasonal flu virus is upon us, we are continuing to take steps to maintain safety for our clients and staff by reminding you to follow COR Health policies. Self-screening and source control have both been found to be effective in controlling the spread of these illnesses. As always, if you are sick, please do not come to work.

We ask all employees to cooperate in taking steps to reduce the transmission of communicable diseases in the workplace. Employees are reminded of the following:

- Stay home when you are sick.
- Wash your hands frequently or use alcohol-based hand sanitizer.
- Cover your mouth with tissues whenever you sneeze, and discard used tissues in the trash.
- Avoid people who are sick with respiratory symptoms.
- Clean frequently touched surfaces.
- Get vaccinated against COVID-19 and the seasonal flu.

Anniversaries



Congratulations on another year!

Hope Albert, RN - 7 Years

Patrick Connor, PSS - 3 Years

Sanaz Mahmoodi, PSS - 8 Years

Whitney Remington, RN - 1 Year

Hannah Welborn, RN - 1 Year

Data Privacy Day

January 28th, 2022

Data Privacy Day (DPD) is an international event that occurs every year on January 28th. The purpose of DPD is to raise awareness and promote privacy and data protection best practices. It is currently observed in the United States, Canada, Nigeria, Israel and 47 European countries.

Data Privacy Day reminds us each year to review how our data is used. It's an excellent opportunity to take a closer look and evaluate our personal cyber security.

Our personal data is collected and used through a variety of media and for numerous reasons. Part of the problem is most of the time, the people who have access to our data, don't need it. Additionally, it gets redistributed legally and illegally. Thanks to the internet, massive amounts of personal data can be easily distributed. While the information may be out there due to our own carelessness or privacy violations, there are steps you can take to protect yourself.

- On any new device, set your privacy settings immediately. This includes new applications, social media, and programs.
- Never use unsecured WiFi – especially for banking or shopping.
- Check your bank and credit card statements regularly. When you spot anything questionable, contact the organization to stop payment on the purchase and cancel your card. In the same vein, check your credit report at least annually.
- Keep your software up to date. Out-of-date software is vulnerable to hackers.



- Never give personal information over the phone, email, or text.
- Stop taking online quizzes that ask random questions about your childhood, children, tattoos, marriages, pets, and favorite foods. Each time you take one of these, people trying to access your data gather a little bit more information about you that allows them to steal your data or identity.
- Use strong password phrases. The longer the password, the harder it is to break.
- Do not save your passwords on your device.
- Change passwords when your accounts may have been compromised.
- Use virus protection and a firewall.

HOW TO OBSERVE Data Privacy Day

- Take steps to secure your digital devices.
- Commit to learning how to protect yourself.
- Maintain tech-savvy practices that protect you.
- Share your tips, tricks, and experiences with others.
- Attend an informational seminar to learn more about protecting yourself.



Recent Happenings...

What have we been up to?

COR Health Holiday Party

COR Health celebrated its annual Holiday get together on December 2nd. There was food, trivia, karaoke, and lots of time spent with friends! We gave away a lot of awesome door prizes and Snappy gifts to the trivia contest winners! (It ended in a two-way tie!) There were lots of karaoke singers and they walked away with some PTO hours for participating! Everyone left with a special COR Health Christmas ornament. We look forward to doing this again next year and hope to see everyone there!

Can you solve the Picture Puzzle?

Send in your answer to Bich Dinh via Tiger!



Trivia Challenge

What "finger-lickin' good" company piloted a chicken-flavored nail polish?

Do you know the answer to this trivia question?
Send your answer to Bich Dinh via Tiger for a chance to win a Snappy gift!

Who found the Cuke?!

Shout out to one of our admins, Anna Milano, for being the only person that was able to spot the Cuke in our December issue!

