



## Meet Evelyn! April's Client Spotlight

### FROM THE PEDIATRICS TEAM

“Evelyn Joy just turned One! Her favorite gift was her food truck, as she really enjoys interactive play. Evelyn was diagnosed with bilateral vocal cord paralysis at birth and thus, has a trach and g-tube. Despite her medical needs, she doesn't let anything hold her back!” – Kimberly Blanchard, RN/Mom

Here at COR Health, our goal is to become a lasting legacy, rooted in the highest ideals and standards for the profession of home care. There is a light that shines within each of us, a spirit that connects us to each other. This spirit brings meaning to our lives and to our work and brings us together for the higher purpose of providing support and care to people in need.

## “Good People, Attract Good People”

Do you know an outstanding healthcare professional that is motivated, passionate, and believes in providing quality care to their clients? Every day, COR Health is looking for professionals to join our team and get the opportunity to provide compassionate care to clients in communities all around the state.

Please Contact Bich Dinh, People Services Team Leader, at (207) 560-5945, by email at [bdinh@corhealthservices.com](mailto:bdinh@corhealthservices.com) or by Tiger with any Caregiver Referrals or questions and details on our respective Referral Bonuses Program.



- Registered Nurse w/ 1+ year of experience - \$1,500
- AspireFirst/Nursing College Program - \$750
- Certified Nurse Assistant - \$500
- Behavioral Health Professional - \$500
- Personal Support Specialist - \$200



## Autism Awareness Month

Autism Spectrum Disorder (ASD) is a common neurodevelopmental disorder with reported prevalence in the United States of 1 in 59 children (approximately 1.7%) - according to recent studies conducted by the American Academy of Pediatrics. ASD significantly influences the lives of affected children and families because they may need extensive behavioral, educational, health, and other services. Early identification and general developmental screening using a validated tool continues to be recommended at 9, 18, and 30 months of age. ASD is common, can be diagnosed as young as 18 months of age, and has evidence-based interventions. Research into newer tools has promise to extend the age of diagnosis lower.

Therefore, ongoing developmental and behavioral surveillance in addition to screening for ASD at 18 and 24 months of age continues to be recommended in primary care. To learn more, check out the available resources below!

### Nationally Recognized Resources

- ❖ [National Autism Association](#)
- ❖ [Autism Speaks](#)

### State Local Resources

- ❖ [Autism Society of Maine](#)
- ❖ [Maine Autism Institute for Education](#)

## KanTime: Upcoming Training

COR Health is excited to announce that we are initiating a new, top tier EMR system, KanTime. This system will allow for a streamlined process where nurses can utilize EVV and complete their assessment in one application. Additionally, BHPs and PSSs will utilize the system exactly the same way as Matrix Mobile.

Training will begin Monday April 4<sup>th</sup> for BHPs and PSSs. PSSs will be able to utilize the system as soon as they are trained.

RNs will begin training Monday April 11<sup>th</sup>. BHPs and RNs will begin using the system on Sunday April 17<sup>th</sup>.

April 16<sup>th</sup> will be the last day anyone will be using Matrix; it will no longer be available starting at midnight 4/17.

To ensure adequate training on the new system and to not delay your pay, please sign up for your session if you have not already. Please contact your supervisor or Bryanna Bride via TigerConnect, text/call 207-209-0222, or email [bbride@corhealthservices.com](mailto:bbride@corhealthservices.com).

We are thrilled to enhance your documentation experience!



## HCBS Workforce Bonus Payment Policy

In accordance with the State of Maine Department of Health and Human Services, HCBS Workforce Initiative relating to bonuses to new and existing HCBS Direct Workers (DSWs) and their immediate Supervisors who provide HCBS to MaineCare members, COR Health has developed the following Bonus Payment Policy.

Based on the respective COR Health Department that the DSWs and their immediate Supervisors perform their services within, these COR Health Staff will be eligible up to the Maximum Bonus Payment allowable under the State of Maine HCBS Workforce Initiative Bonus Payment Program based on their job function, tenure with COR Health and adherence to operational performance requirements such as proper time in and time out / shift documentation with KanTime and continued employment with COR Health. The COR Health Staff shall receive their Bonus Payment amount in two payments prior to June 30, 2022, assuming that the COR Health Staff is employed on the date of bonus payment and has met the above requirements.

As part of the COR Health HCBS Workforce Bonus Payment Policy in accordance with the time period outlined in the State of Maine HCBS Workforce Initiative Agency Policy, new COR Health Staff who are eligible for a COR Health Welcome Bonus Opportunity Payment based on job function, tenure with COR Health and hours worked with COR Health, are included with this policy.





## KAILAH MALCOLM, CNA April's Employee of the Month

### FROM THE MEDICAL STAFFING TEAM

Kailah Malcolm has been employed as a CNA in the Medical Staffing Department since June of 2021. Kailah has been a valuable asset to the facilities that she has served. The staff and residents all appreciate her efforts. Kailah is very reliable and has shown true commitment to her job and is always pleasant and professional when communicating with her supervisor both at the facility and at COR Health. Thank you, Kailah, for all you do on behalf of COR Health, you are appreciated!

Kailah does amazing work and the staff at Southridge absolutely love working with her!

- The Nurse Manager for Southridge

## Anniversaries

Congratulations on another year!

Thank you for all your hard work and dedication to the individuals we serve and their families.



Shookria Abid, PSS – 1 Year

Nelly Aleshechkina, PSS – 13 Years

Donna Crimmin, RN – 5 Years

Pedro Figueroa, PSS – 8 Years

Bridget McNamara, RN – 6 Years

Ella Rundin, PSS – 8 Years

Nahida Sayed, PSS – 13 Years

Najla Sayed, PSS – 2 Years

Patricia Young, RN – 5 Years

Kelly Bridges, TCM – 1 Year

Miranda Remick, TCM – 1 Year

Mackenzie Bowden-Damon, BHP – 3 Years

## COR Health Welcomes... March's Newcomers!

Madison Wade, BHP

Amber Sudsbury, BHP

Brittani Hodgdon-Elwell, CNA

Melissa Holland, BHP

Chelsea Laflamme, RN

Chantel Morey, CNA

## Corporate Updates

Please help us welcome Nancy Colson to the COR Health Team!

Nancy will be joining the corporate office as our new Client Services Coordinator in our Personal Care Department. Nancy will be working closely with our PSS caregivers, along with our Personal Care Clients on care coordination, scheduling, and overall support.

You can connect with Nancy by phone at (207) 800-6827, by email at [ncolson@corhealthservices.com](mailto:ncolson@corhealthservices.com) or by Tiger.



### Giving Back

At COR Health, we enjoy giving back to our community! To that end, COR Health is excited to start a volunteer initiative where we will be allocating a certain number of hours per month, for our employees to spend time at various volunteer locations, volunteering and giving back our time to help our community! We look forward to including all our staff in this initiative moving forward!

Please connect with Jordyn Pomerleau if you would like to participate with us! You can connect with Jordyn via email at [jpomerleau@corhealthservices.com](mailto:jpomerleau@corhealthservices.com) or by Tiger.

# Recent Happenings

What have we been up to?

Several members of the COR Health Team participated in the Camp Sunshine’s 2022 “Freezin for a Reason” Polar Plunge Fundraiser on March 5<sup>th</sup>!

[Camp Sunshine](#) was founded in 1984 and provides respite, recreation, and support, while enabling hope and promoting joy to children with life-threatening illnesses and their families through various stages of the child’s illness. COR Health was able to participate for a second time and bring awareness to this amazing organization. Given the donations, COR Health matched \$2 to every \$1 raised for the cause. In total, we were able to donate \$2,150 to Camp Sunshine’s “Freezin for a Reason”!



Please help us congratulate our COR Health Bowling Team who was crowned this season’s Bowling Champions this past Monday evening! For the last few years, COR Health has been participating in the Casco Bay Bowling League held at Bayside Bowl in Portland. This fun opportunity is open to all employees! Keep a look out for future updates on next year’s league!

**NOW IN! Scented Masks!**

Finally, here – *tater tot*, *pizza*, and *bacon* scented masks! Can’t decide which one you want? We have variety packs, too!

[Click HERE to reserve yours now.](#)

**Act fast, these will not last!**

## Coffee Talks

Coffee Talks are an informal way to connect with all COR Health employees, discussing and learning new resources with a wide range of topics. Coffee talks happen monthly both virtually and in person during business hours. This is the best opportunity to get or give support. All are welcome! Keep a look out (and see below) for future topics, dates, and times.

# COVID-19 Pay Update

Not only is spring arriving, but Maine’s COVID cases have dropped dramatically. We are now moving into the next phase of the pandemic, which is an endemic. An endemic is when there is a continuous presence of a disease or infection in a population that never goes completely away, much like the common flu.

This doesn’t mean that we give up on preventing the spread of infection. Continued handwashing, monitoring for symptoms, and vaccination are all very much part of how we decrease transmission levels. As healthcare workers we are required to continue to wear masks and adhere to all other CDC recommendations that have been previously put in place by COR Health.

COR Health was proud to be one of very few organizations that continued to offer COVID pay beyond September 2021. We are hopeful that this additional measure helped to provide support to our staff during times of uncertainty and stress.

We now must learn how to navigate COVID, like all other illnesses and infections that we are periodically exposed to, by adjusting our interactions with others, continued infection control measures, maintaining up to date vaccinations, and other tools that help keep us safe and healthy.

Effective May 1<sup>st</sup>, 2022, COR Health will no longer be offering employees COVID pay for lost time. We will continue to offer paid time off for employees to apply to either vacation time or general absences due to illnesses.

As much as we are looking forward to getting back to “normal” at COR Health, we will continue to be following any updates and guidelines from the CDC and will keep you apprised of any changes. As always, thank you for your dedication to COR Health.



# Upcoming Events!

Don't miss out....



**COR Health's 2021 Winning Softball Team!**

At COR Health we have a work hard, play hard mentality and we are looking forward to our annual COR Health Softball team to kick off the season this upcoming May! The teams' games are played on Monday evenings starting May 2, 2022, the regular season will last 10 weeks, and the playoff season will last 2 to 3 weeks (weather dependent). The games are played around the Portland area at either Payson Park (Portland), Fraser Field (Westbrook), or Kiley Field (Portland)! The games rotate start times each week and either start at 6:15pm, 7:30pm, or 8:45pm! We look forward to hopefully having you a part of the COR Health Softball Team!

## COR Health Coffee Talk: Courageous Parents Network – It's Not Just for Parents

Others have 'been there, done that' in caregiving. We don't have to exist in a vacuum or struggle with topics alone. When the elephant is in the room and no one wants to talk about it, the Courageous Parents Network (CPN) can help – both the family and the caregivers. When a family is experiencing what seems to you to be a pattern of getting nowhere, CPN can help. From blogs to videos, conversation guides to training colleagues – the CPN is a valuable resource on many different levels. At its heart, it proves that support can come in many forms. Please join us on Wednesday, 4/20 from 7:30-8:30 PM on Zoom to learn more about how CPN can help.

## Donations Wanted!!

The COR Health Education staff would greatly appreciate donations of expired or outgrown new trachs or enteral tubes to continue to provide hands-on learning opportunities for new employees and nursing students.

Please reach out to Michelle LaRue by email at [mlarue@corhealthservices.com](mailto:mlarue@corhealthservices.com) or on Tiger if your client has equipment that might help the cause. Thank you!

### Try your hand at this month's Autism Awareness Wordsearch!



PROPRIOCEPTION	SPECTRUM
MIXED MESSAGES	TRANSITION
SENSORY	CONFUSION
POSITIVE REINFORCEMENT	SAVANT
ABA THERAPY	SCRIPTING
SUCCESES	KINDNESS
MELTDOWNS	STIMULI
PERSEVERATION	AUTISM
ECHOLALIA	HOPE

## Did you find the Cuke??

Shout out to one of our nurses, Kathleen Foley, RN, for being the first person to find the Cuke in March's issue!!

**\*FIND THE CUKE\***  
Somewhere hidden in this newsletter is a dancing, sunglass wearing cucumber. Find the cuke, and the prize may be yours! Highlight it or send a screenshot to Bich Dinh for an entry in this month's Find the Cuke contest.  
***This cuke to the right --> does NOT count!***



## What do you think??

Send us your feedback!

Like our newsletter? Let us know – this newsletter is for You! Do you have content ideas, would you like to contribute, what else do you want to see? Do you have a story you would like to share? Successes, insights, or something fun? Send your thoughts to Bich Dinh at [bdinh@corhealthservices.com](mailto:bdinh@corhealthservices.com) or Tiger.